

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Buhrs**

Has successfully participated & completed the  
**5km GoSport Farm Run @ Cowhouse**  
held at Cowhouse Market.

**TIME 00:49:53**

**PACE 09:57/km**  
**OVERALL 35 of 65**

**GENDER 19 of 41**  
**40 - 49 6 of 13**

16 December 2019, Mon  
Date



BoutTime  
Signature

